



SportCount Inc.
 4330 East West Highway, #310
 Bethesda, MD 20814

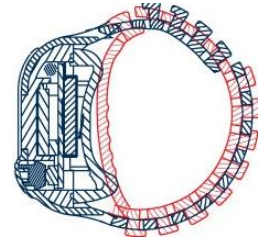
P.1



SPORTCOUNT INSTRUCTION MANUAL – BIKE TIMER MODEL (#90005, Red Logo)

Congratulations on your SportCount purchase! With the Bike Timer, you will be able to count laps, keep track of elapsed time, and review summary statistics at the end of your workout. SportCount products can be used for biking, moto-cross, swimming, walking, running, cycling, in-line and speed skating, or any activity where you need to keep an accurate count or keep track of time.

WARNING! Always use caution when riding and under no circumstances should you let the Bike Timer distract you from riding or maintaining focus.



Installation Diagram

GENERAL INSTRUCTIONS & INSTALLATION

The SportCount Bike Timer is easy to use. It's operated with one hand and doesn't interfere with the natural flow of exercise. You should take the time to try it while wearing it on your forefinger before you jump into your exercise routine. Practice putting your SportCount through its functions a few times. For use while riding, the Bike Timer is designed to be mounted on the handlebars. Make sure it is oriented so you can comfortably reach the button with your thumb while keeping your hands on the handlebars. It can be used either on the left or right side, but it is easier to reach positioned closer to the grip. Before you attach it to your handlebars, make sure the extension band is locked on to the SportCount. The four holes on the extension piece mate with the four catches on the SportCount. Insert them so that the catches on the band are facing the same direction as the catches on the SportCount. Wrap the long end under and around the handlebars, grab the end with the holes, and gently stretch it so you can insert the catches into the holes. Check to make sure it's nice and tight. It will be possible to rotate but not easily. Adjust the fit by removing it and reattaching it into different holes.

Instructions for the Bike Timer Model (Red)

PRACTICE SESSION

This section of the instructions takes you through a practice session. The figures illustrate what you should see on the display as you work through the paces.

POWER-UP

Press the button with your thumb to start the unit. On power-up, your SportCount Bike Timer will show 0 seconds and is ready to use (Fig.1).



Fig. 1

TIMING AND COUNTING LAPS

Press the button to start timing. The display will show running time (Fig. 2). Press the button again to show the first lap number completed (Fig. 3). The lap number will show on the display for 3 seconds. The display will then show the blinking Lap Split Time for the lap just completed for 7 seconds (Fig. 4), then the display will return to cumulative running time again. If the button is pressed within 10 seconds or less from the last press, the next lap number and time will be displayed without showing total elapsed time.

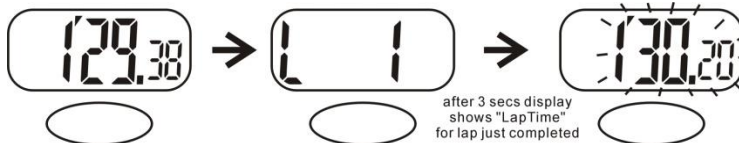


Fig. 2

Fig. 3

Fig. 4

TIMING OVER 1 HOUR

When elapsed time exceeds 1 hour, the display shifts two digits, i.e., instead of displaying minutes, seconds, tenths and hundredths of seconds, it will now display hours, minutes, and seconds. In that case, a black bar will appear over the two digits on the right to indicate that they now refer to seconds (Fig. 5). SportCount will time up to 99'59.59, after which the display will show 00'00.00 and start over. In Running Mode, if no button has been pushed for 24hrs, your SportCount will go into sleep mode (the display goes blank to save battery life). All data will begin to blink when the hours exceed 100.



Fig. 5

PAUSE

Double click the button to pause the timing function. Double click means pressing the button twice within one second. (Fig. 6) The time will freeze and no additional laps will be counted. When you are ready to resume, just press the button again to start the timing function.

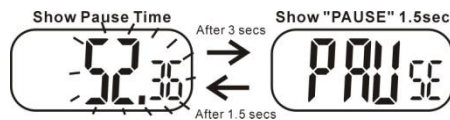


Fig. 6

SUMMARY MODE

Press the button at the end of your final lap (a regular quick press) and then, to finish the timed activity and go into the **SUMMARY** mode, press and hold the button for three seconds. You can do this immediately or even hours later. Your SportCount Bike Timer "knows" that the time between the end of the final lap and the time you held the button down to go into summary mode was not a true lap, and it will automatically eliminate the "false lap" so that your workout statistics will be accurate. For example, if you completed 30 laps, and sometime later held the button down to go into the summary mode, the SportCount will display the "false lap" number 31, as shown in (Fig. 7). It will then discard the false lap data, and display the corrected total lap count, "T 30". In 1.5 seconds, it will automatically display the **TOTAL TIME**, and flip back and forth between **TOTAL LAP** count and **TOTAL TIME** every 1.5 seconds.

Push the button again to show the **AVERAGE LAP**, 1,10.02 in the Fig.8 example. **FASTEST LAP** number and **FASTEST LAP** time come next (Fig. 9), followed by **SLOWEST LAP** number and **SLOWEST LAP** time (Fig.10). Pressing the button after this will start the summary over again with **TOTAL LAP** count and **TOTAL TIME**. Pressing the button after this will show the individual LAP times starting from LAP 1 through the last LAP, then return to **TOTAL TIME**.

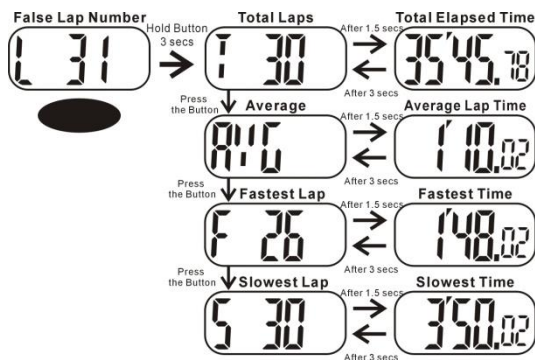


Fig. 7

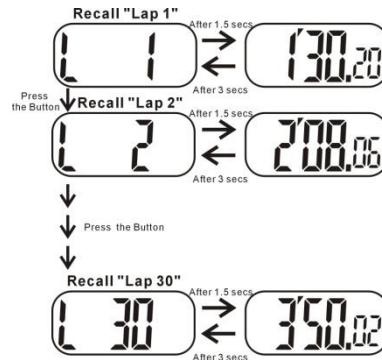


Fig. 11

Fig. 8

Fig. 9

Fig. 10

INDIVIDUAL LAP MEMORIES

After you have gone through the summary mode statistics, push the button once again to begin reviewing individual lap times (Fig. 11). It will start with "L1", flipping to the time for lap 1, push the button to go to lap 2, etc. The SportCount Bike Timer can store the first 100 LAP times, however statistics such as average, fast slow and total lap times remain accurate for up to 999 laps. When the 100 memories are used up, the elapsed time display will flash.

RESET/TURN OFF

From the SUMMARY MODE, press and hold the button 3 seconds to RESET the chronograph, and the display will once again return to zeros. But be careful, because when you reset your SportCount, all lap times will be erased. When left in the reset mode for 30 minutes, the display will shut down automatically to conserve battery life. Press the button to re-activate.

CARE FOR YOUR SPORTCOUNT**WATER-RESISTANCE**

All SportCount models are designed and manufactured to withstand the water pressure with normal swimming, but not diving. Wash the SportCount with fresh water and a dry cloth before storage.

TEMPERATURE

Do not leave your SportCount under direct sunlight or in very high temperatures for a long time, or the display may become black. Do not leave your SportCount in very low temperature as this may cause a slight time loss or gain and the change of digits becomes slow. In both cases, the above conditions will be corrected when the SportCount returns to normal temperature.

CHEMICALS

Do not expose your SportCount to solvents such as gasoline and alcohol, spray of cosmetics, cleaners, paints, etc., as they may cause damage to the SportCount.

BATTERY CHANGE

When the display becomes dim or turned off, battery replacement is necessary. Contact SportCount or go to a qualified technician. Replace with Lithium battery CR1216 or equivalent.

LIMITED ONE YEAR WARRANTY

Your SportCount is warranted to be free from defects in material and workmanship for a period of one year from the date of purchase (unless otherwise specified below in Exceptions & Exclusions From Warranty). The following is important information concerning the coverage availability and applicability of the limited one year warranty and the procedure to be followed to obtain service. This warranty gives you specific legal rights, and you may also have other rights which vary from state to state. Within the warranty period, your SportCount will either be repaired at the Service Center or, at our discretion, replaced with a new or refurbished SportCount.

EXCEPTIONS & EXCLUSIONS FROM WARRANTY

This warranty does NOT cover the battery, crystal, or band. Warranty service will not be provided if:

- there was damage while in the possession of the consumer not resulting from a defect of manufacture
- there was damage caused by tampering with or opening the SportCount or by other than normal use
- repairs have been performed other than by qualified Service Center personnel.

SERVICE OR REPAIR

If your SportCount requires a service or repair, pack it securely and label "FRAGILE HANDLE WITH CARE", and send it to:

SportCount Service Center
4330 East West Highway, Suite 310
Bethesda, MD 20814

QUESTIONS?

Contact SportCount Customer Service at (301) 961-5940 or by email at info@sportcount.com. You can also find useful information at the Website: www.sportcount.com

DIFFERENT MODELS

SportCount makes a number of different models that offer different counting and timing features to suit different applications and needs. They are all of similar size and can fit on your finger. Please review the chart below to see the different models and features:

Features	Stop Watch	Lap Counter	LCT	LCT 200	Bike Timer	Count Down
Accent color	YELLOW	SILVER	BLUE	RED	RED	ORANGE
Product number	90030	90040	90010	90002	90005	90050
Hands-free	◆	◆	◆	◆	◆	◆
Water-resist. 50m	◆	◆	◆	◆	◆	◆
Accurate 1/100 sec	◆		◆	◆	◆	◆
Counts up to 999			◆	◆	◆	
Counts up to 9,999		◆				
Elapsed time	◆		◆	◆	◆	
Split times			◆	◆	◆	
Fastest, slowest, avg			◆	◆	◆	
Pause ability	◆	◆		◆	◆	◆
200 lap memory				◆	◆	
Made for bike					◆	
Countdown w/ buzzer						◆